

THE DIRT ROAD- LA CALLE DE TIERRA

MAL PAIS & STA. TERESA ENGLISH & ESPANOL COMMUNITY NEWSPAPER, PERIODICO COMMUIDAD
 WRITTEN AND PUBLISHED BY VOLUNTEER LOCAL ARTISTS, RESIDENTS OF MAL PAIS and STA. TERESA. & PAID ADVERTISING.
 NEWS & FUNDING from the NICOYA PENINSULA WATERKEEPERS, CAMARA de TURISMO y APRENDIENDO UNIDOS
 GET INVOLVED, WRITE AN ARTICLE, SEND YOUR OPINION, EMAIL YOUR REVIEW
 .Escrito y publicado gracias a artistas voluntarios de las zonas de Mal País y Santa Teresa.
 Involúcrate y envía un artículo, una opinión, cuento, poema, cualquier cosa que quieras expresar manda tu email.



Photo credit: Karen.Chandler@sbcglobal.net

Photos from right to left: LIFEGUARD Tower, Matias & friends in Playa Sta. Teresa, Life Saving Tool.

SANTA TERESA VOLUNTEER LIFEGUARDS THE MISSION—one year later !
GUARDAVIDAS VOLUNTARIOS DE SANTA TERESA LA MISION CONTINUA...
Un año después !

A dream of seeing the beaches of Playa Santa Teresa, in the southern Nicoya Peninsula manned by trained lifeguards is becoming a reality. The Santa Teresa Lifeguard Team has made huge advances in the past few months. Currently two temporary towers are up and operational on weekends from 9:00-12:00 and 15:00-18:00, located in front of Playa Zeneidas also serving La Lora and the second one at the Casa Cecilia / Roca Mar beach.

Matias Etchenique has been heading the quest to have trained guards on our beaches, but now more local businesses and individuals have picked up the cause. Jepo Fernandez with the Camara de Turismo has added his valuable input to the project as well as supplying a bank account for donations and funds raised. He is also instigating a plan for the future to staff 4 of the towers on weekends, creating salary's from the sales of merchandising, fundraising and monthly donations from local businesses.

Tomas Richie has been instrumental in building the two existing towers, and four more towers are under construction. In addition to the two temporary towers already up, the plan is to also have two towers at Playa Hermosa and two towers at Playa Carmen. By Semana Santa there will be at least one tower at each of those locations, as well as the existing towers which will be manned during the four main days of the holiday weekend. There will also be flags placed along the beach. THE RED FLAGS INDICATE DANGEROUS LOCATIONS, and THE YELLOW FLAGS INDICATE SAFER ZONES. BOTH CAN BE PICKED UP AND WAVED TO GET THE LIFEGUARDS ATTENTION IN CASE OF EMERGENCY. STAY AWAY FROM THE RED FLAGS AND GET CLOSE TO THE YELLOW ONES!!!

Continued on back page...

El sueño de ver las playas de Santa Teresa, en el sur de la Península de Nicoya vigiladas por Guardavidas entrenados se esta convirtiendo en realidad. El Equipo de Guardavidas de Santa Teresa ha realizado grandes avances en los últimos meses. En este momento dos torres temporarias están en funcionamiento los fines de semana de 9:00 a 12:00 y de 15:00 a 18:00, ubicadas frente a Playa Zeneidas/La Lora y en la playa frente a Casa Cecilia y RocaMar

Matías Echenique ha estado liderando la tarea de tener guardavidas entrenados en nuestras playas, y ahora mas negocios locales e individuos se han sumado a la causa. Jepo Fernández con la Cámara de Turismo ha sumado su valioso aporte al proyecto como así también brindado una cuenta bancaria para donaciones y fondos recaudados. El también esta desarrollando un plan para el futuro para cubrir 4 torres los fines de semana, creando salarios de la venta de artículos, recaudación de fondos y donaciones mensuales de los negocios locales.

Thomas Richie ha sido de aporte fundamental en construir las dos torres, y cuatro torres mas están en plena construcción. Sumadas a las dos torres temporarias ya ubicadas, el plan es también tener dos torres en Playa Hermosa y dos torres en Playa Carmen. Para Semana Santa habrá por los menos una torre en cada una de estas playas, las cuales sumadas a las ya existentes, estarán en guardia durante los cuatro principales días del fin de semana feriado. También se colocaran banderas a lo largo de la playa, LAS BANDERAS ROJAS INDICAN LUGARES PELIGROSOS, Y LAS BANDERAS AMARILLAS INDICAN LAS ZONAS MAS SEGURAS. AMBAS PUEDEN LEVANTARSE Y SER AGITADAS POR CUALQUIER PERSONA PARA CAPTAR LA ATENCION DE LOS GUARDAVIDAS EN CASO DE EMERGENCIA. MANTENGASE ALEJADO DE LAS BANDERAS ROJAS Y ACERQUESE A LAS AMARILLAS!!!

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JOIN US!
Santa Teresa
LIFEGUARDS

f SANTA TERESA LIFEGUARDS

TOWERS WILL BE MANNED WEEKENDS 9 TO 12 3 TO 6 PM

SEMANA SANTA 9 AM TO 6 PM

SANTA TERESA HERMOSA CARMEN

VOLUNTEERS NEEDED CONTACT MATIAS ETCHENIQUE OLAS@ARGENTINA.COM 506 8685 5902

EDITORIAL LINE-UP FOR THIS ISSUE

Community news from Camara de Turismo & Speak Out Column
 Art Scene & on the Scene, Dos Santos Taqueria & Full Moon Parties
 Palau to Santa, New Chef at Habanero & Pet Vet Advice
 Calendar of Events/Yoga Schedules/Restaurant Guide
 Horoscopes for April & News from Nicoya Peninsula Waterkeepers
 Introducing Aprendiendo Unidos & Sponsorship news Purasonica.com
 What's New in Town, Classified & Sudoku puzzle
 Continuation Front Page Story & Tide Chart

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 Pages 10/11
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Ferry Schedule

Paquera	Puntarenas
530am	500 am
9am	9am
11 am	11am
2pm	2pm
5pm	5pm
8pm	830pm
For Ferry schedule changes	

SANTA TERESA VOLUNTEER LIFEGUARDS
THE MISSION—one year later !
Front page story continued

More qualified volunteers are needed to keep the beaches safe and anyone who is already a trained guard can contact Matias to volunteer to take on a shift. In addition to locals, lifeguards worldwide are being contacted to lend a hand when visiting our shores. Local hotels and restaurants are offering complimentary room and board in exchange for a volunteer shift. Retired lifeguard John Haas, who is now a Mal Pais resident, is coordinating with the Palm Beach County, Florida, USA, Los Angeles County, California, USA and the Ocean Park New Jersey Guards who are all showing an interest in volunteering, as well as making donations of equipment and training.

The team is also continuing fundraising opportunities to buy more rescue boards, rescue tubes, radio supplies, and to have the use of an ATV rental and upkeep of that vehicle.

Please contact Matias for donations, or to volunteer, or to request training to become a volunteer call 8685-5902.

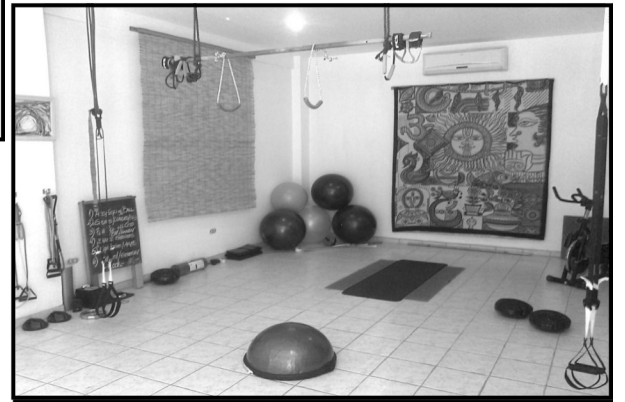
FELIZ SEMANA SANTA!!!! WE HAVE DONE SO MUCH IN A YEAR, A DREAM TURNED INTO A MISSION COMING TO REALITY!!!

GUARDAVIDAS VOLUNTARIOS DE SANTA TERESA
LA MISION CONTINUA...

Mas voluntarios calificados son necesarios para mantener las playas seguras y cualquiera que sea guardavidas certificado puede contactar Matias para ser voluntario de un turno. Sumados a los locales, guardavidas de todo el mundo están siendo contactados para colaborar cuando visitan nuestra costa. Hoteles y restaurantes están ofreciendo habitaciones y descuentos a cambio de guardias voluntarias. John Haas, guardavidas retirado, residente de Mal País, esta coordinando con Palm Beach, Florida, USA, Los Angeles County, California y Parque acuático de New Jersey, mostrando interés en voluntariados, y en hacer donaciones de equipamiento y entrenamiento.

El Equipo continuara con las recaudaciones de fondos para comprar mas tablas de rescate, tubos de rescate, radios, y para contar con un cuadriciclo y su mantenimiento. Por favor contactar a Matias y/o Jopo para donaciones, o hacer voluntariados, y para informarse de entrenamientos para ser voluntario.

HEMOS HECHO MUCHO EN UN ANHO, UN SUEÑO HACIENDOSE REALIDAD, FELIZ SEMANA SANTA!!!



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Matias Etchenique olas@argentina.com (506) 8685-5902 *Physical Education Professor, Personal Trainer, Swimming Coach, Surfing and SUP Instructor,*

Reiki II.

Santa Teresa, Fitness studio at Plaza Solar (local 2)

JOIN US!
Santa Teresa
LIFEGUARDS

f SANTA TERESA LIFEGUARDS

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9 TO 12 3 TO 6 PM

SEMANA SANTA
9 AM TO 6 PM

SANTA TERESA HERMOSA CARMEN

VOLUNTEERS NEEDED CONTACT
MATIAS ETCHENIQUE
OLAS@ARGENTINA.COM
506 8685 5902

f /purasonicaradio

@purasonica

Santa Teresa 150Mts sur de la plaza

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Sunset CHILL Sessions y HAPPY hour 2x1 5to6pm

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Tide Chart

Day	High	Low	High	Low	High	moon Phase
Wed 01	12:50 AM 7.33 ft	06:59 AM 1.21 ft	01:16 PM 7.70 ft	07:26 PM 1.21 ft		
Thu 02	01:36 AM 7.64 ft	07:41 AM 0.92 ft	01:57 PM 8.08 ft	08:05 PM 0.79 ft		
Fri 03	02:16 AM 7.95 ft	08:18 AM 0.63 ft	02:34 PM 8.44 ft	08:42 PM 0.41 ft		
Sat 04	02:53 AM 8.22 ft	08:53 AM 0.39 ft	03:09 PM 8.72 ft	09:16 PM 0.10 ft		Full Moon
Sun 05	03:29 AM 8.39 ft	09:27 AM 0.24 ft	03:43 PM 8.91 ft	09:51 PM -0.09 ft		
Mon 06	04:05 AM 8.46 ft	10:01 AM 0.19 ft	04:18 PM 8.96 ft	10:26 PM -0.16 ft		
Tue 07	04:40 AM 8.40 ft	10:36 AM 0.24 ft	04:52 PM 8.90 ft	11:01 PM -0.09 ft		
Wed 08	05:16 AM 8.25 ft	11:11 AM 0.39 ft	05:29 PM 8.72 ft	11:38 PM 0.08 ft		
Thu 09	05:55 AM 8.03 ft	11:50 AM 0.61 ft	06:08 PM 8.45 ft			
Fri 10	12:19 AM 0.34 ft	06:36 AM 7.78 ft	12:33 PM 0.88 ft	06:52 PM 8.13 ft		
Sat 11	01:04 AM 0.63 ft	07:24 AM 7.55 ft	01:23 PM 1.14 ft	07:43 PM 7.80 ft		Last Quarter
Sun 12	01:56 AM 0.90 ft	08:20 AM 7.41 ft	02:21 PM 1.33 ft	08:45 PM 7.56 ft		
Mon 13	02:56 AM 1.06 ft	09:25 AM 7.45 ft	03:29 PM 1.34 ft	09:53 PM 7.53 ft		
Tue 14	04:03 AM 1.02 ft	10:33 AM 7.74 ft	04:40 PM 1.08 ft	11:03 PM 7.75 ft		
Wed 15	05:10 AM 0.74 ft	11:38 AM 8.26 ft	05:48 PM 0.57 ft			
Thu 16	12:08 AM 8.20 ft	06:13 AM 0.27 ft	12:37 PM 8.91 ft	06:48 PM -0.06 ft		
Fri 17	01:06 AM 8.74 ft	07:10 AM -0.25 ft	01:31 PM 9.55 ft	07:43 PM -0.68 ft		
Sat 18	01:59 AM 9.25 ft	08:02 AM -0.70 ft	02:22 PM 10.06 ft	08:35 PM -1.15 ft		New Moon
Sun 19	02:50 AM 9.61 ft	08:52 AM -0.98 ft	03:11 PM 10.35 ft	09:23 PM -1.41 ft		
Mon 20	03:38 AM 9.77 ft	09:40 AM -1.05 ft	03:58 PM 10.38 ft	10:11 PM -1.41 ft		
Tue 21	04:26 AM 9.70 ft	10:28 AM -0.86 ft	04:45 PM 10.13 ft	10:58 PM -1.16 ft		
Wed 22	05:15 AM 9.42 ft	11:16 AM -0.46 ft	05:33 PM 9.66 ft	11:45 PM -0.70 ft		
Thu 23	06:04 AM 8.96 ft	12:04 PM 0.11 ft	06:22 PM 9.02 ft			
Fri 24	12:34 AM -0.11 ft	06:55 AM 8.42 ft	12:55 PM 0.74 ft	07:13 PM 8.33 ft		
Sat 25	01:25 AM 0.53 ft	07:50 AM 7.89 ft	01:51 PM 1.35 ft	08:09 PM 7.68 ft		First Quarter
Sun 26	02:20 AM 1.10 ft	08:49 AM 7.47 ft	02:52 PM 1.81 ft	09:10 PM 7.19 ft		
Mon 27	03:20 AM 1.52 ft	09:51 AM 7.25 ft	03:58 PM 2.03 ft	10:15 PM 6.93 ft		
Tue 28	04:23 AM 1.73 ft	10:52 AM 7.25 ft	05:03 PM 1.98 ft	11:16 PM 6.93 ft		
Wed 29	05:22 AM 1.73 ft	11:47 AM 7.44 ft	06:00 PM 1.73 ft			
Thu 30	12:11 AM 7.11 ft	06:14 AM 1.58 ft	12:35 PM 7.74 ft	06:48 PM 1.36 ft		

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